

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Ridge View Activity Calendar

					<p>11:15a – Exercise (AR) 1:00p – Dr. Tanner Family Foot Care Clinic – Toe Trimmings (AR) 2:45p – Bingo (AR) 4:30 – Happy Hour & Music with Alice Tritle</p>	<p>1:00p – Home Free Ministries with Pas. Jerry Fagerland (LR) 2:30p – Card Club (LR)</p> <p>Groundhog Day</p>
<p>9:00a - Catholic Communion (AR) 3</p>	<p>10:00a – Coffee & Donuts with Donna (LR) 11:15a – Exercise 1:15p – Penny Bingo (AR) 3:00p – Manicures & Music (AR) 4</p>	<p>10:00a - Knitting, Crochet & Chat (AR) 11:15a – Exercise 1:30p – Outing: Cedar Rapids Central Fire Station Tour 3:30p – The Clinton Affair Documentary – Episode 1 5</p> <p>Chinese New Year</p>	<p>10:00a – Bible Study with Bea (AR) 6 11:15a – Exercise (AR) 1:15p – Two Cent Bingo (AR) 3:00p – Valentines Craft (AR) – <i>We will be putting together gifts for all the tenants.</i></p>	<p>10:00a – Shut the Box (LR) 7 11:15a – Exercise (AR) 2:00p – Tenant Council Meeting (AR) 3:30p – Shopping at Hy-Vee</p>	<p>10:00a – Group Crossword (AR) 8 11:15a – Exercise (AR) 1:30p – Bingo (AR) 4:30 – Happy Hour & Music with Dave Poggenklass</p>	<p>1:00p – Home Free Ministries with Pas. Jerry Fagerland (LR) 9 2:30p – Card Club (LR)</p>
<p>9:00a - Catholic Communion (AR) 10 2:00p – Homemade soup cook off! – <i>Come up to the activity room to taste test and vote on the best homemade soup!</i></p>	<p>10:00a – Coffee & Donuts with Donna (LR) 11 11:15a – Exercise 1:15p – Penny Bingo (AR) 3:00p – Jeopardy Trivia (AR)</p>	<p>10:30a – Men’s Coffee & Donuts with Pas. Fagerland (LR) 12 11:15a – Exercise (AR) 11:45 – Lunch outing to Vito’s on 42nd Street 2:00p – Marci’s Memorables (AR) 3:30p – The Clinton Affair Documentary – Episode 2</p>	<p>10:00a – Bible Study with Bea (LR) 13 1:15p – Two Cent Bingo (AR) 3:00p – Deep Relaxation Chair Mediation – (AR) <i>will last about 20 minutes!</i> Department heads in morning meeting</p>	<p>10:00a – Haiku Poetry Workshop (AR) 14 11:15a – Exercise (AR) 1:30-2:30p – Craft with Coolidge Elementary School Students (DR) 3:30p – Shopping at Dollar General</p> <p>Valentine’s Day</p>	<p>11:00a-12:30p – Valentines Brunch! 15 11:15a – Exercise (AR) 1:30p – Bingo (AR) 4:30 – Happy Hour & Music with Dave Wirtz</p>	<p>1:00p – Home Free Ministries with Pas. Jerry Fagerland (LR) 16 2:30p – Card Club (LR)</p>
<p>9:00a - Catholic Communion (AR) 17</p>	<p>10:00a – Coffee & Donuts with Donna (LR) 18 11:15a – Exercise 1:15p – Penny Bingo (AR) 2:45p – Manicures & Massages with Anne Spina (AR)</p> <p>Presidents’ Day (US)</p>	<p>10:00a – Game Wheel of Fortune on Wii (AR) 19 11:15a – Exercise 2:00p – Knitting, Crochet & Chat (AR) 3:30p – The Clinton Affair Documentary – Episode 3</p>	<p>10:00a – Catholic Rosary (LR) 20 10:00a – Bible Study with Bea (AR) 11:15a – Exercise (AR) 1:15p – Two Cent Bingo (AR) 3:00p – Chair Volleyball (AR)</p>	<p>10:00a – Coloring Workshop (AR) 21 11:15a – Exercise (AR) 2:00p – Cooking Class with Chef (AR) 3:30p – Shopping at Fareway</p>	<p>10:00a – Group Crossword (AR) 22 11:15a – Exercise (AR) 1:30p – Bingo (AR) 4:30 – Happy Hour & Music with Ron Burgess</p>	<p>10:00a – Pet Therapy with Sampson (LR) 23 1:00p – Home Free Ministries with Pas. Jerry Fagerland (LR) 2:30p – Card Club (LR)</p>
<p>9:00a - Catholic Communion (AR) 24</p>	<p>10:00a – Coffee & Donuts with Donna (LR) 25 11:15a – Exercise 1:15p – Penny Bingo (AR) 3:30p – Heartland Band (DR)</p>	<p>10:30a – Men’s Coffee & Donuts with Pas. Fagerland (LR) 26 11:15a – Exercise 2:00p – Ice Cream Social (LR) 3:30p – The Clinton Affair Documentary – Episode 4</p>	<p>10:00a – Bible Study with Bea (AR) 27 11:15a – Exercise (AR) 1:15p – Two Cent Bingo (AR) 3:30p – Dominoes (AR)</p>	<p>10:00a – Skip – Bo (AR) 28 11:15a – Exercise (AR) 2:30p – La La Ladies (DR) 3:30p – Shopping at Hy-Vee</p>	<p>**Activities can be subject to change.</p> <p>(AR) Activity Room (LR) Fire Place Living Room 1st floor (DR) Dining Room (FR) Front Living Room 1st floor</p>	