



# International Critical Incident Stress Foundation

**Critical Incident Stress Management**  
**Assisting Individuals in Crisis**

Course Description	Program Highlights
<p>Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.</p> <p>This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business &amp; Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.</p>	<ul style="list-style-type: none"><li>• Psychological crisis and psychological crisis intervention</li><li>• Resistance, resiliency, recovery continuum</li><li>• Critical Incident Stress Management</li><li>• Evidence-based practice</li><li>• Basic crisis communication techniques</li><li>• Common Psychological and behavioral crisis reactions</li><li>• Commonly accepted and empirically-derived mechanisms</li><li>• SAFER-Revised model</li><li>• Suicide intervention</li></ul>

**Registration Form**  
**Assisting Individuals in Crisis**

**November 14-15, 2019**  
**Hosted by Alexandria Fire Department**

**Location:** Alexandria Public Safety Complex  
1000 Bolton Ave.  
Alexandria, Louisiana

**Time:** 8:30 A.M. to 5:00 P.M.

Please, Fill on your computer or Print Legibly - Thank You!

NAME (Last) \_\_\_\_\_ (First) \_\_\_\_\_

MAIL ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

TELEPHONE \_\_\_\_\_ CELL \_\_\_\_\_

EMAIL \_\_\_\_\_ OCCUPATION \_\_\_\_\_

ORGANIZATION \_\_\_\_\_ TITLE \_\_\_\_\_

**Registration Fee:** (Includes workbook and handout materials) # of attendees \_\_\_\_\_

**Registration:** \$169 (If postmarked by **October 23, 2019**)

**Late Registration:** \$199 (If postmarked after **October 23, 2019**)

*You may pay by Check or Credit Card (Credit Card form on next page)*

**Please, make checks payable to “The Stress Care Doc, LLC” and send with registration to:**

**The Stress Care Doc, LLC**  
**7622 Blanco Ln**  
**Lake Charles, LA 70607**

**SEATING IS LIMITED!**

If you have questions, contact:

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**Phone: 337.302.6624**  
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**The Stress Care Doc, LLC**

# Credit Card Authorization Form

Please complete all fields.

## Credit Card Information

Card Type:  MasterCard  VISA  Discover  AMEX

Name as it appears on card: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date (MM/YR): \_\_\_\_\_

Card Security Code (3 digits on back of card) \_\_\_\_\_

Credit Card billing zip code: \_\_\_\_\_

Amount to be charged to credit card:

Early Registration Fee:  \$169 Late Registration:  \$199

I, \_\_\_\_\_, authorize The Stress Care Doc, LLC

to charge my credit card above for the amount of \_\_\_\_\_.

\_\_\_\_\_  
Cardholder Signature

\_\_\_\_\_  
Date

**You are confirmed in the class only upon receipt of registration form and payment. No refunds or transfers allowed. The Stress Care Doc, LLC reserves the right to cancel any training course due to insufficient enrollment. Notice will be provided with the option to reschedule for a future course date or to receive a full refund of registration fee. The Stress Care Doc is not responsible for any expenses incurred by the registrant if a training course is canceled.**

**Or Register Online at: <https://www.stresscaredoc.com/alexandria-2019>**

If paying by credit card you may save this form to your computer or scan and email this form to: [bart@stresscaredoc.com](mailto:bart@stresscaredoc.com)